

WHAT IS CONSUMER DIRECTED OPTION?

CDO lets you, the Medicaid waiver member make choices on how some of your non-medical Medicaid waiver services are provided.

CDO lets you choose:

Who provides your services

How the services are provided

When you will get your services



Who is eligible for CDO?

Medicaid members who receive services through one of the following waivers:

Home and Community Based Waiver (HCB) for persons who are elderly or have physical disabilities (eff. 9/30/06)

Supports for Community Living (SCL) Waiver for persons with mental retardation/developmental disabilities (eff.11/30/06)

Acquired Brain Injury (ABI) Waiver for persons with acquired brain injury (eff. 1/30/07)



What services can I Consumer Direct?

HCB: respite, personal care, homemaking, and attendant care

SCL: community living, respite, and adult day training

ABI: companion care, respite and personal care

Can someone help me direct my services?

You can pick a friend or family member to be your representative. Your representative must be at least 21 years old and must know what services you need.

Who can provide my CDO Services?

You (or your representative) can recruit, hire and supervise your own workers to provide services as approved in your plan

of care. You can hire **family members, friends, neighbors,** or others recruited by you, such as provider agencies

What if I want to direct some of my services & keep other services with my current agency?

You can keep some of your services with your current agency and direct some of your services. That is called blended services.

Will I have a Case Manager/Support Coordinator?

You will have a **Support Broker** who will help you develop a plan of care/spending plan. Your Support Broker will assist you with setting the duties of your worker(s), finding worker(s), and setting the hours and pay of the worker(s).

Your Support Broker will work with an agency called a **Financial Management Agency** that will write the checks to pay your worker(s).

What if I no longer want to direct my Services?

You can return to getting your services the way you are getting them now at any time with no loss of services.

How do I get started?

Contact your current case manager or your local Area Agency on Aging.

Area Agencies on Aging:

BARREN RIVER AREA:

(270) 781-2381

ALLEN, BARREN, BUTLER, EDMONSON,
HART, LOGAN, METCALFE, MONROE,
SIMPSON, WARREN

BIG SANDY AREA:

(606) 886-2374

FLOYD, JOHNSON, MAGOFFIN, MARTIN,
PIKE

BLUEGRASS AREA:

(859) 269-8021

ANDERSON, BOYLE, BOURBON, CLARK,
ESTILL, FAYETTE, FRANKLIN,
GARRARD, HARRISON, JESSAMINE,
LINCOLN, MADISON, MERCER,
NICHOLAS, POWELL, SCOTT,
WOODFORD

BUFFALO TRACE AREA:

(606) 564-6894

BRACKEN, FLEMING, LEWIS, MASON,
ROBERTSON

CUMBERLAND VALLEY AREA:

(606) 864-7391

BELL, CLAY, HARLAN, JACKSON, KNOX,
LAUREL, ROCKCASTLE, WHITLEY

FIVCO AREA:

(606) 739-5191

BOYD, CARTER, GREENUP, ELLIOTT,
LAWRENCE

GATEWAY AREA:

(606) 674-6355

BATH, MENIFEE, MONTGOMERY,
MORGAN, ROWAN

GREEN RIVER AREA:

(270) 926-4433

DAVIESS, HANCOCK, HENDERSON,
McLEAN, OHIO, UNION, WEBSTER

KIPDA AREA:

(502) 266-6084

BULLITT, HENRY, JEFFERSON, OLDHAM,
SHELBY, SPENCER, TRIMBLE

KENTUCKY RIVER AREA:

(606) 436-3158

KNOTT, LESLIE, LETCHER, PERRY,
BREATHITT, LEE, OWSLEY, WOLFE

LAKE CUMBERLAND AREA:

(270) 866-4200

ADAIR, CASEY, CLINTON,
CUMBERLAND, GREEN, McCREARY,
PULASKI, RUSSELL, TAYLOR, WAYNE

LINCOLN TRAIL AREA:

(270) 769-2393

BRECKINRIDGE, GRAYSON, HARDIN,
LARUE, MARION, MEADE, NELSON,
WASHINGTON

NORTHERN KENTUCKY AREA:

(859) 283-1885

BOONE, CAMPBELL, CARROLL,
GALLATIN, GRANT, KENTON, OWEN,
PENDLETON

PENNYRILE AREA:

(270) 886-9484

CALDWELL, CHRISTIAN, CRITTENDEN,
HOPKINS, LIVINGSTON, LYON,
MUHLENBERG, TODD, TRIGG

PURCHASE AREA:

(270) 247-7171

BALLARD, CALLOWAY, CARLISLE,
FULTON, HICKMAN, GRAVES,
MARSHALL, MCCracken

KyHEALTH CHOICES

CONSUMER DIRECTED OPTION



DEPARTMENT FOR MEDICAID SERVICES

275 East Main Street 6W-B

Frankfort, Kentucky 40621

1 (800) 635-2570 or (502) 564-7540

